

EYFS Nursery and
Reception (3-5 years old)

KS1 Years 1-2 (ages 5-7)

KS2 Years 3-6 (ages 7-11)

KS3 Years 7-9 (ages 11-
14)

KS4 Years 10-11 (ages
14-16)

KS5 Years 12-13 More
commonly referred to as
College or Sixth Form
(ages 16-18)

Age Category Cards

Topic Cards

Sexting

FGM

Periods

Puberty

Different types of Relationships

Domestic Abuse

Consent

Gender Stereotypes

Safe Sex

Contraception

Reproduction

Pregnancy choices

Keeping Safe Online

Pornography

